

Redmaids' High School

Year 7 Sports Scholarship



REDMAIDS'
HIGH SCHOOL
FOR GIRLS | BRISTOL

Assessment information

The sports scholarship assessments for Year 7 will take place on Friday 26 November. The closing date for applications is Monday 15 November.

On the day, the girls should arrive at the main senior school reception for between 8.30 and 8.45am. For assessment we ask the girls to attend wearing their PE kit, and they **must** bring shin pads and a mouth guard. Your daughter will **not** be able to participate without these two items. She may bring her own hockey stick if she wishes but we do have a supply if she does not have her own. We do suggest the girls bring a water bottle with them too.

We must be made aware of any medical conditions or allergies by email.

The girls will be assessed on a number of different skills throughout the morning including:

- Fitness/bleep test
- Hand/eye co-ordination
- Ball skills
- Sprints
- Agility
- Speed bounce
- Hockey and netball skills session
- Hockey and netball match play

All candidates will be our guest for lunch and the morning will finish around 1.00pm. Please collect your daughter from the senior school reception between 1.00 and 1.15pm. Pupils from Redmaids' High Junior school will be escorted back to school at the end of lunch.

If you have any questions about the day please do not hesitate to contact us.
Then font etc we use for standard information